


# MAY | 2021



Updated  
4.16.2021

## In-School Breakfast and Lunch Menus

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DAILY FRUIT ROTATION</b>  <b>MON:</b> Fruit cup  <b>TU:</b> Apple  <b>WED:</b> Banana  <b>TH:</b> Apple Slices  <b>FRI:</b> Pears  <b>SAT/SUN:</b> Raisins, Craisins, Applesauce or Fruit Blend</p> 		<p><b>Cooking Instructions</b>            Available at  <a href="https://www.u-46.org/Page/17995">https://www.u-46.org/Page/17995</a></p>		<p><b>Menu Questions?</b>            Call Christine Cliff,            U-46 District            Dietitian, at (847)            888-5000 x5034</p>	<p><b>Menu Subject to Change.</b></p>	<p><b>1</b> <b>BREAKFAST</b>            Mini-Pancakes  <b>LUNCH</b>            Chicken Tamales            Celery</p>
<p><b>2</b> <b>BREAKFAST</b>            Oatmeal &amp; Cheese  <b>LUNCH</b>            Grilled Cheese            Carrots</p>	<p><b>3</b> <b>BREAKFAST</b>            Chocolate Crescent  <b>LUNCH</b>            Mozzarella Sticks            Mixed Vegetables</p>	<p><b>4</b> <b>BREAKFAST</b>            Cereal &amp; Grahams  <b>LUNCH</b>            Cheese Quesadilla  <u>OR</u> Egg, Cheese &amp;            Goldfish Power Pack            Tater Tots</p>	<p><b>5</b> <b>BREAKFAST</b>            Cinnamon Breakfast            Round  <b>LUNCH</b>            Zesty Turkey Nachos  <u>OR</u> Vegetarian Nachos            Jicama Sticks w/ Tajin</p> <p><i>Cinco de Mayo</i></p>	<p><b>6</b> <b>BREAKFAST</b>            Cereal Bar &amp; Grahams  <b>LUNCH</b>            Orange Chicken &amp; Veg.            Fried Rice <u>OR</u> Yogurt with            Cheese &amp; Bagel            Edamame</p>	<p><b>7</b> <b>BREAKFAST</b>            Poptarts  <b>LUNCH</b>            Pizza Lunchable            Tri-Taters</p>	<p><b>8</b> <b>BREAKFAST</b>            Mini-Donuts  <b>LUNCH</b>            Turkey Ham &amp; Cheese            Sliders w/ Cheese            Carrots</p>
<p><b>9</b> <b>BREAKFAST</b>            Mini-French Toast  <b>LUNCH</b>            Cheese Pizza Puff            Celery</p>	<p><b>10</b> <b>BREAKFAST</b>            Big Bowl Cereal  <b>LUNCH</b>            Mini-Chicken Corn Dogs            Green Beans</p>	<p><b>11</b> <b>BREAKFAST</b>            Super Bakery Bread Slice  <b>LUNCH</b>            Cheesy Meatloaf w/ Chips  <u>OR</u> Cheese, Peas &amp;            Pasta Salad            Green Peas</p>	<p><b>12</b> <b>BREAKFAST</b>            Muffin &amp; Grahams  <b>LUNCH</b>            Turkey &amp; Cheese Hoagie  <u>OR</u> Vegetarian Cobb Salad            w/ Sun Chips            Mixed Vegetables</p>	<p><b>13</b> <b>BREAKFAST</b>            Cinnamon Raisin Bagel w/            Jelly  <b>LUNCH</b>            Cheeseburger <u>OR</u>            Yogurt, Cheese &amp; Bagel            Potato Wedges</p>	<p><b>14</b> <b>BREAKFAST</b>            Cereal Bar &amp; Grahams  <b>LUNCH</b>            Tony's Cheese Pizza            Corn</p>	<p><b>15</b> <b>BREAKFAST</b>            Fruit Frudel  <b>LUNCH</b>            Beef Tamales            Celery</p>
<p><b>16</b> <b>BREAKFAST</b>            Glazed Donut  <b>LUNCH</b>            Italian Cheesy Bread            Carrots</p>	<p><b>17</b> <b>BREAKFAST</b>            Cinnamon Toast Crunch            Breakfast Bar  <b>LUNCH</b>            Cheese Bites            California Blend</p>	<p><b>18</b> <b>BREAKFAST</b>            Cereal &amp; Grahams  <b>LUNCH</b>            Grilled Cheese <u>OR</u>            Turkey, Cheese &amp;            Goldfish Power Pack            Garden Salad</p>	<p><b>19</b> <b>BREAKFAST</b>            Cinnamon Breakfast Round  <b>LUNCH</b>            Mozzarella Sticks <u>OR</u>            Spicy Popcorn Chicken            Salad            Tri-Taters</p>	<p><b>20</b> <b>BREAKFAST</b>            Cereal Bar &amp; Grahams  <b>LUNCH</b>            Egg &amp; Cheese on a            Croissant <u>OR</u>            Yogurt, Cheese &amp; Bagel            Potato Smiles</p>	<p><b>21</b> <b>BREAKFAST</b>            Poptarts  <b>LUNCH</b>            Pizza Lunchable            Mixed Vegetables</p>	<p><b>22</b> <b>BREAKFAST</b>            Oatmeal &amp; Cheese  <b>LUNCH</b>            Cheeseburger Sliders            Carrots</p>
<p><b>23</b> <b>BREAKFAST</b>            Mini Bagels w/ Cream            Cheese  <b>LUNCH</b>            Wild Mikes Cheese Pizza            Celery</p>	<p><b>24</b> <b>BREAKFAST</b>            Chocolate Crescent  <b>LUNCH</b>            Pizza Cruncher Bites            Green Peas</p>	<p><b>25</b> <b>BREAKFAST</b>            Big Bowl Cereal  <b>LUNCH</b>            Pepperoni Pizza Pocket  <u>OR</u> Egg, Cheese &amp;            Goldfish Power Pack            Corn</p>	<p><b>26</b> <b>BREAKFAST</b>            Muffin &amp; Sunflower Seeds  <b>LUNCH</b>            Orange Chicken &amp; Fried            Veg. Rice <u>OR</u> Sun            Jammer &amp; Cheese            Edamame</p>	<p><b>27</b> <b>BREAKFAST</b>            Cinnamon Bagel w/ Jelly  <b>LUNCH</b>            Cheese Ravioli + Breadstick  <u>OR</u> Turkey Ham &amp; Cheese            Slider w/ Sunflower Seeds            Green Beans</p>	<p><b>28</b> <b>BREAKFAST</b>            Super Bakery Bread            Slice  <b>LUNCH</b>            Tony's Cheese Pizza            Carrots</p>	<p><b>29</b> <b>BREAKFAST</b>            Mini-French Toast  <b>LUNCH</b>            Beef Taco Stick            Celery</p>
<p><b>30</b> <b>SUN &amp; MON</b>  <b>BREAKFAST</b>            Mini-Pancakes   Poptarts  <b>SUN &amp; MON LUNCH</b>            Sun Jammer &amp; Cheese +            Carrots   Beef <u>OR</u> Chicken            Tamales + Chickpeas</p>	<p><b>31</b>  <b>MEMORIAL DAY</b>  <b>NO MEAL SERVICE</b></p>	<p><b>1</b> <b>BREAKFAST</b>            Cereal &amp; Grahams  <b>LUNCH</b>            Cheesy Nachos            Bean Dip</p>	<p><b>2</b> <b>BREAKFAST</b>            Poptarts  <b>LUNCH</b>            Italian Cheesy Bread            Veg Juice</p>	<p><b>SUMMER CURBSIDE SERVICE BEGINS</b></p>		<p><b>MILK CHOICES</b>            - White            - Chocolate            *Offered daily at            both meals*</p>